



Candidate Position Statement and Biographical Information

Position: Board of Directors

1. Candidate Information

Name of Nominee:

Angela Starkweather, PhD, ACNP-BC, FAANP, FAAN

Education (Highest Degree Held and School):

PhD, Loyola University Chicago

Position Statement:

I am honored to submit my candidacy for the Board of Directors of the New Jersey League for Nursing. With a career dedicated to advancing nursing education, research, clinical practice, and community-engaged service, I am passionate about the vital role that strong professional organizations play in shaping the future of nursing in New Jersey and beyond.

As Dean and Professor at Rutgers School of Nursing, I bring extensive leadership experience spanning academic administration, program development, interdisciplinary collaboration, and advocacy for evidence-based practice. My career has included roles as department chair, PhD program director, Associate Dean for Academic Affairs, and Assistant Dean for Research Development—positions in which I have fostered innovation, faculty development, and student success.

My research program, continuously NIH-funded for over a decade with more than \$20M in support and more than 200 peer-reviewed publications, reflects a commitment to improving health outcomes, health equity, and translating evidence into practice. I also have a long history of mentorship at all career stages, nurturing the next generation of nurses, scientists, and leaders.

If elected to the NJLN Board of Directors, I will champion initiatives that strengthen nursing education, support nursing workforce development, and increase public recognition of nursing excellence. I am committed to building a strong and diverse nursing workforce and look forward to advancing the NJLN mission in this role.

2. Major Positions Held During the Past 10 Years

Date	Title of Position	Employer
8/2024-Current	Dean and Professor	Rutgers School of Nursing
3/2022-8/2024	Chamings Endowed Professor & Assistant Dean of Research Development	University of Florida College of Nursing
6/2015-2/2022	Associate Dean of Academic Affairs & Professor	University of Connecticut School of Nursing

3. NJLN Activities During the Past 10 Years

Date	Activity
8/2024-Present	NJLN Member

4. Major Activities in Other Professional Organizations During the Past 5 Years

Date	Activity	Organization
1/2022-2026	National Academies of Science, Engineering and Medicine Precision Health Roundtable	NASEM
8/2015-current	Ambassador, Friends of the National Institute of Nursing Research	National Institute of Nursing Research
4/2012-12/2025	American Association of Neuroscience Nurses Clinical Practice Guidelines Board	American Association of Neuroscience Nurses
7/25-current	Treasurer	Organization of Colleges of Nursing – New Jersey

5. Awards, Publications, Scholarly Activity

Awards:

- Sigma International Nurse Researcher Hall of Fame 2024
- American Association of Neuroscience Nurses Mentorship Award 2024
- Distinguished Researcher Award, Southern Nursing Research Society 2024
- Nan Hilt Writer’s Award, National Association of Orthopaedic Nurses 2023
- Fellow of the American Academy of Nurse Practitioners 2020

Publications: (most recent from over 220 peer-reviewed publications)

1. Wu, W., Chen, J., Li, A., Chen, M-H., **Starkweather, A.**, Cong, X. (2025). Mechanistic insights into a self-management intervention in young adults with irritable bowel syndrome: A pilot multi-omics study. *Biomedicine*, 13(9), 2102. <https://doi.org/10.3390/biomedicine13092102>
2. Jackson, S. B., Payton, I., Powell-Roach, K., **Starkweather, A.**, Cook, R. L., Varma, D. S., Terry, E. L., Booker, S. Q. (2025). Cannabis use for chronic pain in sickle cell disease: A scoping review. *Pain Management Nursing*, (epub ahead of print), <https://doi.org/10.1016/j.pmn.2025.06.010>
3. Samami, E., **Starkweather, A.**, Lyon, D., & Kelly, D. L. (2025). Associations between dietary fiber, the gut microbiota, and health outcomes in breast cancer survivors: A scoping review. *Clinical Nutrition Open Science*, 61, 174-189.
4. Saravanan, A., Jaber, R., Zhao, B., Majd, A., Bajaj, P., Kushnick, M. R., **Starkweather, A.** (2025). Prevalence and sociodemographic correlates of low back pain in a diverse U.S., population: Insights from the All of Us research program. *Pain Management Nursing*, (epub ahead of print), <https://doi.org/10.1016/j.pmn.2025.06.007>
5. Hammer, M. J., Conley, Y. P., Henderson, W. A., Lukkahatai N., Miaskowski, C., **Starkweather, A.**, & Wesmiller, S. W. (2025). Breaking the code: Using the Precision Health Model to guide research and clinical care. *Nursing Outlook*, 73(3), 102396.
6. Samami, E., **Starkweather, A.**, Lynch Kelly, D., Lyon, D. (2025). The impact of health-promoting lifestyle behaviors on microbiota in survivors of hematological cancer: A scoping review. *Cancer Reports*, epub ahead of print, <https://doi.org/10.1002/cnr2.70224>.

7. Cho, H., Kalina, E., Wu, J., Cook, R., Salloum, R., Liu, Y., Bian, J., Guo, J., & **Starkweather, A.** (2025). A scoping review of observational research on cannabis for symptom management in HIV and cancer: Implications for Cannabis Nursing. *Journal of Clinical Nursing*, 34(2), 422-429.
8. Deaterly, C. D., Forsyth, B., Nazario, P., Bhagwat, S., Parker, L. A., **Starkweather, A.**, Cook, R. L., & Varma, D. S. (2025). Impacts of substance use and mental health symptoms on cervical cancer screening and viral suppression: A mixed methods study with reproductive-age women with HIV in Florida. *Journal of the Association of Nurses in AIDS Care*, 36(5), 567-577. PMID:39964783

Scholarly work:

2020-2026: Principal Investigator, Emotion regulation as a primary mechanism of action in yoga interventions for chronic low back pain: An RCT testing biological and psychological pathways, Funded by the National Center for Complementary and Integrative Health, R01AT010555; Park/Starkweather (MPI); 2/01/20-1/31/25; The goal of this study is to examine whether emotion regulation is the mechanism of action underlying the health benefits of yoga for improving low back pain and to define the epigenetic signature of pain resolution. Total costs: \$3.2M

2025-2027: Co-Investigator, Home-based transcutaneous auricular vagus nerve stimulation for symptom management among young adults with irritable bowel syndrome, R34AT012917 (PI: Cong/Chen; MPI); National Center for Complementary & Integrative Health (NCCIH)

2024-2025: Director, Nurse Faculty Loan Program, Health Resources and Services Administration (HRSA); E0149544; The goal of this program is to provide financial assistance to nursing students enrolled in doctoral programs at the University of Florida College of Nursing

2023-2024: Consultant, A Mind-Body Intervention to Reduce Distress and Promote Well-being in LGBTQ+ College Students; UConn REP Award; Park/Russell (MPI); 6/23-6/24; The goal of this grant is to test the feasibility and acceptability of asynchronous and synchronous delivered yoga intervention for LGBTQ+ college students enrolled at UConn and UF as well as collection of fingernail cortisol specimen collection.